



Allergen Scorecard

3/1/15

Some menu items included in this list may not be available at your local Schlotzsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotzsky's Bakery/Café for information on those offerings.

Signature Sandwiches									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
The Original	•	•	•	• ¹					
Ham & Cheese Original-Style	•	•	•	• ¹					
Turkey Original-Style	•	•	•	•					
Smoked Turkey Breast	•	•	•	•					
Angus Roast Beef & Cheese	•	•	•	•					
Turkey Bacon Club	•	•	•	•					
Fiesta Chicken	•	•	•	•					
Chicken Breast	•	•	•	• ¹					•
Fresh Veggie	•	•	•	• ¹					•
Albuquerque Turkey	•	•	•	•					
Chipotle Chicken	•	•	•	•					
Lemon Dill Tuna Melt	○	•	•	•			•		
Turkey & Guacamole	•	•	•	• ¹					
Chicken & Pesto	•	•	•	• ¹					
Dijon Chicken	•	•	•	•					
Angus Corned Beef	•	•	•	• ¹					
Angus Beef & Provolone	•	•	•	•					
Angus Corned Beef Reuben	•	•	•	• ¹					
Angus Pastrami & Swiss	•	•	•	• ¹					
Angus Pastrami Reuben	•	•	•	• ¹					
Smoked Turkey Reuben	•	•	•	• ¹					
Santa Fe Chicken	•	•	•	•					•
Cheese Original-Style	•	•	•	• ¹					
BLT	•	•	•	•					
Deluxe Original-Style	•	•	•	• ¹					
Texas Schlotzsky's	•	•	•	•					

Gluten Sensitive Signature Sandwiches made with Udi's Gluten Free® Bun									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
The Original	○	•	•	• ¹					
Ham & Cheese Original-Style	○	•	•	• ¹					
Turkey Original-Style	○	•	•	•					
Smoked Turkey Breast	○	•	•	•					
Angus Roast Beef & Cheese	○	•	•	•					
Turkey Bacon Club	○	•	•	•					
Fiesta Chicken	○	•	•	•					
Chicken Breast	○	•	•	• ¹					•

Notes CONTAINS PEANUTS and/or TREENUTS

1 = Contains ingredients manufactured in a facility that also processes egg. May contain trace amounts of egg.

***** = This product is manufactured on equipment where peanut and/or treenut containing products are processed.

○ = Does not contain the allergen but is prepared on shared equipment at the restaurant, however, each restaurant takes special precautions to prevent cross-contact.

• = Contains ingredient

All menu items are prepared in our restaurant kitchens where dairy, eggs, wheat, soy, peanuts, nuts, seeds and fish are present.

Federal regulations have identified eight major allergens: dairy, egg, wheat, soy, peanuts, tree nuts, fish and shellfish. MSG (monosodium glutamate) is exempt from allergen declaration by federal regulation. For your convenience, MSG is voluntarily indicated along with the eight major allergens as possible allergens. Some menu items may not be available in all Schlotzsky's restaurants. Variations may occur at the local restaurant due to preparation at the restaurant, season of the year, use of an alternate supplier, ingredient substitutions, variances in product assembly and/or recipe revisions. Schlotzsky's, and its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided by Schlotzsky's restaurants. Furthermore, we cannot guarantee the prevention of cross-contact of any ingredient present in our restaurants including but not limited to dairy, wheat, soy, peanuts, tree nuts, seeds, fish and shellfish. The nutritional, allergen and ingredient information is obtained through one or more of the following sources: (1) Genesis R&D Product Development and Labeling Software, version 9.9; and (2) Approved food product suppliers and manufacturers for the Schlotzsky's™ restaurant system. Information based on standard recipe specifications. For further ingredient information or to address dietary concerns and specific sensitivities, please call us at (800) 846n BUNS. ©2014 Schlotzsky's Franchise LLC. All rights reserved.



Allergen Scorecard

3/1/15

Some menu items included in this list may not be available at your local Schlotzsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotzsky's Bakery/Café for information on those offerings.

Gluten Sensitive Signature Sandwiches made with Udi's Gluten Free® Bun (continued)									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Fresh Veggie	o	•	•	• ¹					•
Albuquerque Turkey	o	•	•	•					
Chipotle Chicken	o	•	•	•					
Lemon Dill Tuna Melt	o	•	•	•			•		
Turkey & Guacamole	o	•	•	• ¹					
Chicken & Pesto	o	•	•	• ¹					
Dijon Chicken	o	•	•	•					
Angus Corned Beef	o	•	•	• ¹					
Angus Beef & Provolone	o	•	•	•					
Angus Corned Beef Reuben	o	•	•	• ¹					
Angus Pastrami & Swiss	o	•	•	• ¹					
Angus Pastrami Reuben	o	•	•	• ¹					
Smoked Turkey Reuben	o	•	•	• ¹					
Santa Fe Chicken	o	•	•	•					•
Cheese Original-Style	o	•	•	• ¹					
BLT	o	•	•	•					
Deluxe Original-Style	o	•	•	• ¹					
Texas Schlotzsky's	o	•	•	•					
Artisan Flatbread									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
California Chicken & Avocado	•	•	•	•					
Chicken Chipotle Pesto	•	•	•	•					
Italian Sausage & Basil	•	•	•	•					
Margherita	•	•	•	•					
Pizza 10 inch.									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
BBQ Chicken & Jalapeño	•	•	•	• ¹					
Chipotle Chicken	•	•	•	• ¹					
Chicken Alfredo	•	•	•	• ¹					
Combination Special	•	•	•	• ¹					
Double Cheese	•	•	•	• ¹					
Fresh Veggie	•	•	•	• ¹					
Grilled Chicken & Pesto	•	•	•	• ¹					
Pepperoni & Double Cheese	•	•	•	• ¹					
Pizza 14 inch.									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
BBQ Chicken & Jalapeño	•	•	•	• ¹					
Chipotle Chicken	•	•	•	• ¹					
Chicken Alfredo	•	•	•	• ¹					
Combination Special	•	•	•	• ¹					
Double Cheese	•	•	•	• ¹					
Fresh Veggie	•	•	•	• ¹					
Grilled Chicken & Pesto	•	•	•	• ¹					
Pepperoni & Double Cheese	•	•	•	• ¹					

Nuts CONTAINS PEANUTS and/or TREENUTS

¹ = Contains ingredients manufactured in a facility that also processes egg. May contain trace amounts of egg.

* = This product is manufactured on equipment where peanut and/or treenut containing products are processed.

o = Does not contain the allergen but is prepared on shared equipment at the restaurant, however, each restaurant takes special precautions to prevent cross-contact.

• = Contains ingredient

All menu items are prepared in our restaurant kitchens where dairy, eggs, wheat, soy, peanuts, nuts, seeds and fish are present.

Federal regulations have identified eight major allergens: dairy, egg, wheat, soy, peanuts, tree nuts, fish and shellfish. MSG (monosodium glutamate) is exempt if from allergen declaration by federal regulation. For your convenience, MSG is voluntarily indicated along with the eight major allergens as possible allergens. Some menu items may not be available in all Schlotzsky's restaurants. Variations may occur at the local restaurant due to preparation at the restaurant, season of the year, use of an alternate supplier, ingredient substitutions, variances in product assembly and/or recipe revisions. Schlotzsky's, and its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided by Schlotzsky's restaurants. Furthermore, we cannot guarantee the prevention of cross-contact of any ingredient present in our restaurants including but not limited to dairy, wheat, soy, peanuts, tree nuts, seeds, fish and shellfish. The nutritional, allergen and ingredient information is obtained through one or more of the following sources: (1) Genesis R&D Product Development and Labeling Software, version 9.9; and (2) Approved food product suppliers and manufacturers for the Schlotzsky's™ restaurant system. Information based on standard recipe specifications. For further ingredient information or to address dietary concerns and specific sensitivities, please call us at (800) 846-NUNS. ©2014 Schlotzsky's Franchise LLC. All rights reserved.



Allergen Scorecard

3/1/15

Some menu items included in this list may not be available at your local Schlotzsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotzsky's Bakery/Café for information on those offerings.

Oven-Baked Pastas (all values based on Oven-Baked Pastas without garlic cheesy breadsticks)

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Tomato-Basil Canestrelli	•	•	•	• ¹					
Sausage & Peppers with Goat Cheese	•	•	•	• ¹					
Chicken Pesto Carbonara	•	•	•	• ¹					
Bayou Chicken	•	•	•	• ¹					
Garlic Cheesy Breadsticks	•	•	•	• ¹					

Salads (Based on undressed salad. Dressings, garlic breadsticks, and croutons are listed as separate items)

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Cranberry, Apple, Pecan & Chicken ^{Nuts}	•	•	•		•	•			
Turkey Avocado Cobb		•	•	•					
Southwestern Chicken Salad			•						
Italian Chopped Salad		•	•						
Hearts of Romaine Chicken Caesar			•						
Turkey Chef Salad			•						
Garden									
Croutons	•	•	•			*			
Garlic Breadsticks	•	•	•	• ¹					

Dressing

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Chunky Blue Cheese		•	•	•					
Fat Free Raspberry Vinaigrette									
Buttermilk Ranch Dressing			•	•					
Honey Dijon		•		•					
Lite Ranch		•	•	•					•
Red Wine Vinaigrette		•		•					
Robusto Italian		•							
Tuscan Caesar		•	•	•			•		•

Chips

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Baked Regular		•							
Baked Barbecue		•							
Barbeque	•								•
Cracked Pepper			•						•
Jalapeño									•
Regular (Plain)									
Salt & Vinegar			•						
Sour Cream & Onion			•						•

^{Nuts} CONTAINS PEANUTS and/or TREENUTS

¹ = Contains ingredients manufactured in a facility that also processes egg. May contain trace amounts of egg.

* = This product is manufactured on equipment where peanut and/or tree nut containing products are processed.

○ = Does not contain the allergen but is prepared on shared equipment at the restaurant, however, each restaurant takes special precautions to prevent cross-contact.

• = Contains ingredient

All menu items are prepared in our restaurant kitchens where dairy, eggs, wheat, soy, peanuts, nuts, seeds and fish are present.

Federal regulations have identified eight major allergens: dairy, egg, wheat, soy, peanuts, tree nuts, fish and shellfish. MSG (monosodium glutamate) is exempt from allergen declaration by federal regulation. For your convenience, MSG is voluntarily indicated along with the eight major allergens as possible allergens. Some menu items may not be available in all Schlotzsky's restaurants. Variations may occur at the local restaurant due to preparation at the restaurant, season of the year, use of an alternate supplier, ingredient substitutions, variances in product assembly and/or recipe revisions. Schlotzsky's, and its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided by Schlotzsky's restaurants. Furthermore, we cannot guarantee the prevention of cross-contact of any ingredient present in our restaurants including but not limited to dairy, wheat, soy, peanuts, tree nuts, seeds, fish and shellfish. The nutritional, allergen and ingredient information is obtained through one or more of the following sources: (1) Genesis R&D Product Development and Labeling Software, version 9.9; and (2) Approved food product suppliers and manufacturers for the Schlotzsky's™ restaurant system. Information based on standard recipe specifications. For further ingredient information or to address dietary concerns and specific sensitivities, please call us at (800) 846N BUNS. ©2014 Schlotzsky's Franchise LLC. All rights reserved.



Allergen Scorecard

3/1/15

Some menu items included in this list may not be available at your local Schlotzsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotzsky's Bakery/Café for information on those offerings.

Soups									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Bistro French Onion	•	•	•				•		
Broccoli Cheddar	•	•	•						
Cheddar Bacon	•	•	•						
Chicken Enchilada	•	•	•						
Chicken and Wild Rice	•	•	•						
Chicken & Dumpling	•			•					
Garden Vegetable		•							
Loaded Baked Potato		•	•						
New England Clam Chowder	•	•	•	• ¹				•	
Timberline Chili		•							
Tomato Basil			•						
Saltine Crackers	•	•							
Kidz Meal									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Cheese Sandwich	•	•	•	• ¹					
Cheese Pizza	•	•	•	• ¹					
Pepperoni Pizza	•	•	•	• ¹					
Ham Sandwich	•	•	•	• ¹					
Chicken Sandwich	•	•	•	• ¹					
Turkey Sandwich	•	•	•	• ¹					
Desserts									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Brownie ^{Nuts}	•	•	•	•	•	•			
Chocolate Chip Cookie	•	•	•	•	*	*			
Creamy Cheesecake	•	•	•	•	*	*			
Fudge Chocolate Cake	•	•	•	•	*	*			
Fudge Chocolate Chip Cookie	•	•	•	•	*	*			
Oatmeal Raisin Cookie	•	•	•	•	*	*			
Sugar Cookie	•	•	•	•	*	*			
Macadamia Nut Cookie ^{Nuts}	•	•	•	•	•	•			
Buns/Tortilla									
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	MSG
Sourdough (contains sesame seeds)	•	•	•	• ¹					
Wheat (contains sesame seeds)	•	•	•	• ¹					
Jalapeno Cheese	•	•	•	• ¹					
Dary Rye	•	•	•	• ¹					
Flour Tortilla	•	•							

^{Nuts} CONTAINS PEANUTS and/or TREENUTS

¹ = Contains ingredients manufactured in a facility that also processes egg. May contain trace amounts of egg.

* = This product is manufactured on equipment where peanut and/or tree nut containing products are processed.

• = Does not contain the allergen but is prepared on shared equipment at the restaurant, however, each restaurant takes special precautions to prevent cross-contact.

• = Contains ingredient

All menu items are prepared in our restaurant kitchens where dairy, eggs, wheat, soy, peanuts, nuts, seeds and fish are present.

Federal regulations have identified eight major allergens: dairy, egg, wheat, soy, peanuts, tree nuts, fish and shellfish. MSG (monosodium glutamate) is exempt from allergen declaration by federal regulation. For your convenience, MSG is voluntarily indicated along with the eight major allergens as possible allergens. Some menu items may not be available in all Schlotzsky's restaurants. Variations may occur at the local restaurant due to preparation at the restaurant, season of the year, use of an alternate supplier, ingredient substitutions, variances in product assembly and/or recipe revisions. Schlotzsky's, and its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided by Schlotzsky's restaurants. Furthermore, we cannot guarantee the prevention of cross contact of any ingredient present in our restaurants including but not limited to dairy, wheat, soy, peanuts, tree nuts, seeds, fish and shellfish. The nutritional, allergen and ingredient information is obtained through one or more of the following sources: (1) Genesis R&D Product Development and Labeling Software, version 9.9; and (2) Approved food product suppliers and manufacturers for the Schlotzsky's™ restaurant system. Information based on standard recipe specifications. For further ingredient information or to address dietary concerns and specific sensitivities, please call us at (800) 846-NUNS. ©2014 Schlotzsky's Franchise LLC. All rights reserved.