

Some menu items included in this list may not be available at your local Schlotsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotsky's Bakery/Café for information on those offerings.

Signature Sandwiches										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Original ®	•	•	•						•	
Deluxe Original-Style	•	•	•						•	
Turkey Original-Style	•	•	•	•					•	
Ham & Cheese Original-Style	•	•	•						•	
Turkey Avocado	•	•	•						•	
Turkey Bacon Club	•	•	•	•					•	
Fiesta Chicken	•	•	•	•						
Fiesta Turkey	•	•	•	•						
Fiesta Ham	•	•	•	•						
Fiesta Beef	•	•	•	•						
Angus Roast Beef & Cheese	•	•	•	•					•	
Smoked Turkey Breast	•	•	•	•					•	
Fresh Veggie	•	•	•	•					•	
Beef Bacon Smokecheesy	•	•	•	•					•	
Chicken Bacon Smokecheesy	•	•	•	•					•	
Turkey Bacon Smokecheesy	•	•	•	•					•	
Ham Bacon Smokecheesy	•	•	•	•					•	
French Dip	•	•	•						•	
Gluten Sensitive Signature Sandwiches made with Udi's Gluten Free® Bun										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Original ®		•	•							
Deluxe Original-Style		•	•							
Turkey Original-Style		•	•	•						
Ham & Cheese Original-Style		•	•							
Turkey Avocado		•	•							
Turkey Bacon Club		•	•	•						
Fiesta Chicken		•	•	•						
Fiesta Turkey		•	•	•						
Fiesta Ham		•	•	•						
Fiesta Beef		•	•	•						
Angus Roast Beef & Cheese		•	•	•						
Smoked Turkey Breast		•	•	•						
Fresh Veggie		•	•	•						
Beef Bacon Smokecheesy		•	•	•						
Chicken Bacon Smokecheesy		•	•	•						
Turkey Bacon Smokecheesy		•	•	•						
Ham Bacon Smokecheesy		•	•	•						
French Dip		•	•							
Pizza 10 inch.										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Double Cheese	•	•	•							
Pepperoni & Double Cheese	•	•	•							
Fresh Veggie	•	•	•							
BBQ Chicken & Jalapeño	•	•	•							
Meaty	•	•	•							
Supreme	•	•	•							
Four Cheese White	•	•	•							
Artisan Flatbread										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
California Chicken & Avocado	•	•	•	•						
Calzones										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Chicken Bacon										
Sausage & Peppers										
Meatball										
Italian	•	•	•							

Allergen Scorecard

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French Dip										
	•	•	•							
Salads w/o Dressing										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Orchard	•	•	•		*	•				
Chicken Avocado Cobb										
Strawberry Chicken										
Chicken Greek salad										
Turkey Avocado Cobb	•	•	•	•						
Chicken Caesar	•	•	•							
Garden Salad	•	•	•							
Garlic Breadsticks	•	•	•	•						
Salads Wraps with Wheat Tortillas										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Orchard	•	•	•		*	•				
Chicken Avocado Cobb										
Strawberry Chicken										
Chicken Greek salad										
Turkey Avocado Cobb	•	•	•	•						
Chicken Caesar	•	•	•							
Garden Salad	•	•	•							
Dressing										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Blue Cheese		•	•	•						
Ranch		•	•	•						
Italian		•								
Greek			•							•
Caesar		•	•				•			
Balsamic Vinegar & EVOO										
Chips										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Lays Baked Regular		•								
BBQ	•									•
Cracked Pepper			•							•
Jalapeno										•
Regular										
Salt & Vinegar			•							
Sour Cream & Onion			•							•
Soups										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Broccoli & Cheddar			•							
Loaded Baked Potato			•							
Timberline Chili			•							
Tomato Basil	•		•							
Garden Vegetable		•								
Salted Crackers	•	•								
Kids Meal										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Cheese Pizza	•	•	•							
Pepperoni Pizza	•	•	•							
Ham & Cheese Sandwich	•	•	•						•	
Turkey & Cheese Sandwich	•	•	•						•	
Grilled Cheese Sandwich	•	•	•	•					•	
Desserts										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Brownie	•	•	•	•						
Chocolate Chip Cookie	•	•	•	•						

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White Chocolate Macadamia Nut										
Oatmeal Raisin										
Sugar Cookie	•	•	•	•						
Cinnabon®										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
CLASSIC ROLL	•	•	•							
CLASSIC ROLL 2-PACK	•	•	•							
CLASSIC ROLL 4-PACK	•	•	•							
CLASSIC ROLL 6-PACK	•	•	•							
MINIBON® ROLL	•	•	•							
MINIBON® ROLL 9-PACK	•	•	•							
MINIBON® ROLL 15-PACK	•	•	•							
Center of the roll	•	•	•							
Cafe Cold Catering Sandwiches										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Basil Chicken	•	•	•							
Italian Deli	•	•	•							
Sonoma Turkey	•	•	•							
Buns/Tortillas										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Sourdough (contains sesame seeds)	•	•	•	•					•	
Jalapeno Cheese	•	•	•	•						
Dary Rye	•	•	•	•						
Tortilla	•	•								

* = This product is manufactured on equipment where peanut and/or treenut containing products are processed.

○ = Does not contain the allergen but is prepared on shared equipment at the restaurant, however, each restaurant takes special precautions to prevent cross-contact.

• = Contains ingredient

All menu items are prepared in our restaurant kitchens where dairy, eggs, wheat, soy, peanuts, nuts, seeds and fish are present.

The Food Allergen Labeling and Consumer Protection Act (FALCPA) identifies eight major allergens: dairy, egg, wheat, soy, peanuts, tree nuts, fish and shellfish. These foods account for about 90 percent of all food allergies in the United States and are noted on our allergen chart. MSG (monosodium glutamate) is not one of the Top 8 allergens; however, for your convenience we have it included.

Some menu items may not be available in all Schlotsky's restaurants. The information provided is effective as of March 2021. Variations may occur at the local restaurant due to preparation at the restaurant, season of the year, use of an alternate supplier, ingredient substitutions, and variances in product assembly and/or recipe revisions.

Schlotsky's, and its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided by Schlotsky's restaurants. Furthermore, we cannot guarantee the prevention of cross-contact of any ingredient present in our restaurants including but not limited to dairy, wheat, soy, peanuts, tree nuts, seeds, fish and shellfish. The nutritional, allergen and ingredient information is obtained through one or more of the following sources: (1) Genesis R&D Product Development and Labeling Software, version 9.9 which includes the USDA database; and (2) Approved food product suppliers and manufacturers for the Schlotsky's™ restaurant system. Information based on standard recipe specifications.

For further ingredient information or to address dietary concerns and specific sensitivities, please call us at (800) 846-BUNS.

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