

Some menu items included in this list may not be available at your local Schlotsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotsky's Bakery/Café for information on those offerings.

Signature Sandwiches										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Original ®	•	•	•						•	
Deluxe Original-Style	•	•	•						•	
Turkey Original-Style	•	•	•	•					•	
Ham & Cheese Original-Style	•	•	•						•	
Cheese Original	•	•	•	•					•	
Turkey Avocado	•	•	•	•					•	
Turkey Bacon Club	•	•	•	•					•	
Fiesta Chicken	•	•	•	•						
Fiesta Turkey	•	•	•	•						
Fiesta Ham	•	•	•	•						
Fiesta Beef	•	•	•	•						
Angus Roast Beef & Cheese	•	•	•	•					•	
Albuquerque Turkey	•	•	•	•					•	
Pastrami Reuben sandwich	•	•	•	•					•	
Smoked Turkey Breast	•	•	•	•					•	
Fresh Veggie	•	•	•	•					•	
Beef Bacon Smokecheesy	•	•	•	•					•	
Chicken Bacon Smokecheesy	•	•	•	•					•	
Turkey Bacon Smokecheesy	•	•	•	•					•	
Ham Bacon Smokecheesy	•	•	•	•					•	
French Dip	•	•	•						•	
Gluten Sensitive Signature Sandwiches made with Udi's Gluten Free® Bun										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
The Original ®		•	•							
Deluxe Original-Style		•	•							
Turkey Original-Style		•	•	•						
Ham & Cheese Original-Style		•	•							
Cheese Original		•	•	•						
Turkey Avocado		•	•	•						
Turkey Bacon Club		•	•	•						
Fiesta Chicken		•	•	•						
Fiesta Turkey		•	•	•						
Fiesta Ham		•	•	•						
Fiesta Beef		•	•	•						
Angus Roast Beef & Cheese		•	•	•						
Albuquerque Turkey		•	•	•						
Pastrami Reuben sandwich		•	•	•						
Smoked Turkey Breast		•	•	•						
Fresh Veggie		•	•	•						
Beef Bacon Smokecheesy		•	•	•						
Chicken Bacon Smokecheesy		•	•	•						
Turkey Bacon Smokecheesy		•	•	•						
Ham Bacon Smokecheesy		•	•	•						
Pizza 10 inch.										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Double Cheese	•	•	•							
Pepperoni & Double Cheese	•	•	•							
Fresh Veggie	•	•	•							
BBQ Chicken & Jalapeño	•	•	•							
Meaty	•	•	•							
Supreme	•	•	•							
Four Cheese White	•	•	•							
Pizza 10 inch. made with Gluten Free® Bun										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Double Cheese		o		o						
Pepperoni & Double Cheese		o		o						
Fresh Veggie		o		o						

Some menu items included in this list may not be available at your local Schlotzsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotzsky's Bakery/Café for information on those offerings.

BBQ Chicken & Jalapeño		o		o						
Meaty		o		o						
Supreme		o		o						
Four Cheese White		o		o						
Artisan Flatbread										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
California Chicken & Avocado	•	•	•	•						
Calzones										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Chicken Bacon Ranch	•	•	•	•						
Sausage and Peppers	•	•	•							
Italian	•	•	•							
Salads w/o Dressing										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Chicken Avocado Cobb	•	•	•	•						
Strawberry Chicken		•	•		•	•				
Chicken Greek salad			•							
Chicken Caesar	•	•	•							
Garden Salad	•	•	•							
Garlic Breadsticks	•	•	•	•						
Salads Wraps with Wheat Tortillas										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Chicken Avocado Cobb	•	•	•	•						
Strawberry Chicken	•	•	•		•	•				
Chicken Greek salad	•		•							
Chicken Caesar	•	•	•	•			•			
Garden Salad	•	•								
Dressing										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Blue Cheese		•	•	•						
Ranch		•	•	•						
Italian		•								
Greek			•							•
Caesar		•	•	•			•			
Balsamic Vinegar & EVOO										
Chips										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Lays Baked Regular		•								
BBQ	•									•
Cracked Pepper			•							•
Jalapeno										•
Regular										
Salt & Vinegar			•							
Sour Cream & Onion			•							•
Soups										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Broccoli & Cheddar			•							
Loaded Baked Potato			•							
Timberline Chili			•							
Tomato Basil	•		•							
Garden Vegetable		•								
Salted Crackers	•	•								
Kids Meal										
Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Cheese Pizza	•	•	•							
Pepperoni Pizza	•	•	•							

Some menu items included in this list may not be available at your local Schlotsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotsky's Bakery/Café for information on those offerings.

Ham & Cheese Sandwich	•	•	•						•	
Turkey & Cheese Sandwich	•	•	•						•	
Grilled Cheese Sandwich	•	•	•	•					•	

Desserts

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Brownie	•	•	•	•						
Chocolate Chip Cookie	•	•	•	•						
White Chocolate Macadamia Nut	•									
Oatmeal Raisin	•									
Sugar Cookie	•	•	•	•						

Cinnabon®

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
CLASSIC ROLL	•	•	•	•						
CLASSIC ROLL 2-PACK	•	•	•	•						
CLASSIC ROLL 4-PACK	•	•	•	•						
CLASSIC ROLL 6-PACK	•	•	•	•						
MINIBON® ROLL	•	•	•							
MINIBON® ROLL 9-PACK	•	•	•							
MINIBON® ROLL 15-PACK	•	•	•							
Center of the roll	•	•	•	•						

Cafe Cold Catering Sandwiches

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Basil Chicken	•	•	•							
Italian Deli	•	•	•							
Sonoma Turkey	•	•	•							

Buns/Tortillas

Menu Item	Wheat/ Gluten	Soy	Dairy	Egg	Peanuts	Treenuts	Fish	Shellfish	Sesame	MSG
Sourdough (contains sesame seeds)	•	•	•	•					•	
Jalapeno Cheese	•	•	•	•						
Dary Rye	•	•	•	•						
Tortilla	•	•								

Catering

Caesar Salad 1/10 portion	•	•	•							
Garden Salad 1/10 portion	•	•	•							
Chicken Avocado Cobb Salad 1/10 portion	•	•	•							
Greek Salad 1/10 portion	•		•							
Strawberry Chicken Salad 1/10 portion	•	•	•		•	•				
Chicken 12 oz										
Turkey 12 oz										
Caesar Wrap 1/2	•	•	•							
Garden Wrap 1/2	•	•	•							
Chicken Avocado Cobb Wrap 1/2	•	•	•	•						
Greek w/Chicken Wrap 1/2			•							
Strawberry Chicken Wrap 1/2			•							
Chicken Provolone Sandwich	•	•	•						•	
Chicken Provolone Sandwich 1/2	•	•	•						•	
Ham and Swiss Sandwich	•	•	•						•	
Ham and Swiss Sandwich 1/2	•	•	•						•	
Italian Provolone Sandwich	•	•	•						•	
Italian Provolone Sandwich 1/2	•	•	•						•	
Roast Beef and Provolone Sandwich	•	•	•						•	
Roast Beef and Provolone Sandwich 1/2	•	•	•						•	
Turkey and Swiss Sandwich	•	•	•						•	

Allergen Scorecard

Some menu items included in this list may not be available at your local Schlotzsky's. There are also local or seasonal menu offerings that are not listed. Please check with your local Schlotzsky's Bakery/Café for information on those offerings.

Turkey and Swiss Sandwich 1/2	•	•	•							•
Veggie Sandwich	•	•	•							•
Veggie Sandwich 1/2	•	•	•							•
Broccoli Cheese 1/2 gallon			•							
Loaded Baked Potato 1/2 gallon			•							
Tomato Basil Bisque 1/2 gallon	•		•							
Gold Peak Sweet Tea 1 gallon										
Minute Maid Lemonade 1 gallon										

* = This product is manufactured on equipment where peanut and/or tree nut containing products are processed.

○ = Does not contain the allergen but is prepared on shared equipment at the restaurant, however, each restaurant takes special precautions to prevent cross-contact.

• = Contains ingredient

All menu items are prepared in our restaurant kitchens where dairy, eggs, wheat, soy, peanuts, nuts, seeds and fish are present.

The Food Allergen Labeling and Consumer Protection Act (FALCPA) identifies eight major allergens: dairy, egg, wheat, soy, peanuts, tree nuts, fish and shellfish. These foods account for about 90 percent of all food allergies in the United States and are noted on our allergen chart. MSG (monosodium glutamate) is not one of the Top 8 allergens; however, for your convenience we have it included.

Some menu items may not be available in all Schlotzsky's restaurants. The information provided is effective as of March 2021. Variations may occur at the local restaurant due to preparation at the restaurant, season of the year, use of an alternate supplier, ingredient substitutions, and variances in product assembly and/or recipe revisions.

Schlotzsky's, and its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided by Schlotzsky's restaurants. Furthermore, we cannot guarantee the prevention of cross-contact of any ingredient present in our restaurants including but not limited to dairy, wheat, soy, peanuts, tree nuts, seeds, fish and shellfish. The nutritional, allergen and ingredient information is obtained through one or more of the following sources: (1) Genesis R&D Product Development and Labeling Software, version 9.9 which includes the USDA database; and (2) Approved food product suppliers and manufacturers for the Schlotzsky's™ restaurant system. Information based on standard recipe specifications.

For further ingredient information or to address dietary concerns and specific sensitivities, please call us at (800) 846-BUNS.

© 2023 Schlotzsky's Franchise LLC. All rights reserved.